

me♥sushi

We want you to love sushi as much as melovesushi

♥ this symbol denotes that melovevegetarians

♥ this symbol denotes new recipes or dishes

All our meat is Halal حلال except Chicken Gyoza

Teasers

Variety of tasty teasers to get you in the mood for love - melove, that is!



- 711 CRISPY TUNA TATAKI £7.25
Seared tuna fried in breadcrumbs served with tataki sauce
- 712 CALAMARI CHUNKS £5.75
Crispy fried chunks of calamari flavoured with slices of fresh green chilli
- 713 SEARED BEEF £9.50
Thinly sliced, seared beef rolled with shiso and mustard cress drizzled with garlic olive oil
- 714 CRISPY SOFT SHELL CRAB £5.75
A whole soft shell crab, crispy coated served with ponzu sauce
- 702 EDAMAME ♥ £3.75
Blanched soya beans, served in the pod, flavoured with sea salt
- 715 SPICY EDAMAME ♥ £4.25
Blanched soya beans, served in the pod, flavoured with fresh ginger, chilli & garlic
- 720 CHICKEN GYOZA £5.25
Five dumplings filled with chicken
- 721 PRAWN GYOZA £5.75
Five dumplings filled with king prawns
- 722 VEGETABLE GYOZA ♥ £4.75
Five dumplings filled with soya pieces and vegetables
- 723 PUMPKIN KOROKKE ♥ £4.75
Three deep-fried Japanese breadcrumb pumpkin croquettes, served with our special mustard mayo

Soups

Hot, healthy and light, choose from one of our soups



- 703 MISO SOUP £2.00
A light soybean broth with seaweed, tofu, chopped spring onion and tempura croutons
- 750 CHICKEN UDON SOUP £4.50
Prime cuts of chicken with udon noodles and vegetables

Salads

Choose from one of our popular, freshly prepared house salads



- 707 WAKAME SALAD ♥ £3.75
Cucumber and wakame seaweed served with sunomono sauce
- 706 WAFU SALAD ♥ £3.75
Japanese style crunchy salad with melove's own salad dressing
- 716 CHIRASHI SALAD £5.75
A mix of raw fish and salad served on a bed of rice
- 730 GRILLED CHICKEN SALAD ♥ £7.00
Honey & soy marinated chicken, grilled and presented on a bed of melove salad
- 731 SWEET CHILLI BEEF SALAD ♥ £9.00
Prime cuts of beef marinated in a sweet & spicy chilli sauce, grilled and presented on a bed of melove salad
- 732 PANKO PRAWN SALAD ♥ £8.00
Juicy prawns fried in Japanese Panko breadcrumbs and presented on a bed of melove salad

Nigiri

Two pieces of finger shaped rice with various toppings



- 101 SALMON £3.25
- 102 TUNA £4.25
- 103 YELLOW TAIL £4.25
- 104 GRILLED EEL £3.75
- 105 PRAWN £3.25
- 106 SEA BASS £3.75
- 107 ASPARAGUS & MUSHROOM ♥ £2.75
- 108 EGG OMELETTE ♥ £2.25
- 109 RICE & VEG TOFU POUCH ♥ £2.75

Sashimi

Six thin slices of fresh raw fish



- 251 SALMON £6.50
- 252 TUNA £8.50
- 253 SEA BASS £7.50
- 254 YELLOW TAIL £8.50
- 255 SASHIMI PLATTER £8.50
Two slices of salmon, tuna, sea bass and yellow tail

Temaki

A large cone-shaped hand roll stuffed with rice and fillings



- 401 SALMON & AVOCADO £3.75
Sliced fresh salmon, avocado and sesame seeds with Japanese mayonnaise
- 402 SPICY TUNA £4.25
Hand-chopped yellow fin tuna and spring onion with spicy kimchee sauce
- 403 CALIFORNIA £4.25
Crabmeat, avocado, sliced cucumber and sesame seeds with mayonnaise topped with flying fish roe
- 404 CRISPY DUCK £4.75
Shredded crispy duck, sliced cucumber and hand-chopped spring onion with hoisin sauce
- 405 VEGETABLE ♥ £3.25
Asparagus, avocado, sweet omelette, tofu and cucumber with sesame sauce
- 406 PRAWN TEMPURA £5.75
Deep-fried tiger prawn, sliced avocado with Japanese mayonnaise topped with flying fish roe
- 407 SOFT SHELL CRAB £6.25
Deep-fried crispy soft shell crab, sliced cucumber, flying fish roe and chopped spring onion with sweet chilli sauce
- 408 TUNA & CUCUMBER £5.25
Seared yellow fin tuna with mayonnaise and kimchee sauce, slices of cucumber topped with sesame seeds
- 409 CRISPY SALMON SKIN £3.75
Grilled crispy salmon skin, mizuna, sprinkled with hand-chopped spring onions and Japanese chilli powder

Uramaki

Five large rolls with rice on the outside and a choice of fillings



- 351 PRAWN KATSU ROLL £5.25
Breaded deep-fried tiger prawn with sliced avocado coated in wasabi flying fish roe
- 352 SPICY TUNA ROLL £6.25
Hand-chopped yellow fin tuna and spring onion with kimchee sauce
- 353 DUCK ROLL £6.25
Shredded crispy duck, sliced cucumber and hand-chopped spring onion with hoisin sauce and coated in finely shredded seaweed
- 354 CALIFORNIA ROLL £6.25
Fresh hand-picked white crab meat, avocado, sliced cucumber and mayonnaise coated in flying fish roe

- 355 TEMPURA ROLL £6.25
Tempura fried tiger prawn, hand-picked white crab meat, cucumber, flying fish roe with mayo and coated in shredded seaweed

- 356 CRISPY SALMON SKIN ROLL £4.75
Grilled crispy salmon skin and mizuna sprinkled with hand-chopped spring onions, coated in Japanese chilli powder

- 357 VEGETABLE TEMPURA ROLL ♥ £4.75
Tempura fried fresh vegetables consisting of baby corn, asparagus, peppers, sweet potato and shitake mushroom coated in finely shredded seaweed

- 358 SALMON & AVOCADO ROLL £6.75
Sliced fresh salmon and avocado with Japanese mayonnaise coated in sesame seeds

- 359 CHICKEN KATSU ROLL £5.25
Breaded chicken, mizuna, spring onions and mayo with katsu sauce coated in sesame seeds

- 361 TUNA & AVOCADO ROLL £7.75
Sliced fresh tuna and avocado with Japanese mayonnaise coated in sesame seeds

- 362 RAINBOW ROLL ♥ £7.25
Slices of salmon, prawn and avocado on the outside, with crab meat & herb salad on the inside

Futomaki

Five large seaweed rolls of rice filled with fish or vegetables



- 301 SOFT SHELL CRAB ROLL £9.25
Deep-fried crispy soft shell crab, sliced cucumber, flying fish roe and chopped spring onion with mayo and sweet chilli sauce

- 302 EEL & CUCUMBER ROLL £7.25
Barbequed freshwater eel, sliced cucumber and sesame seeds with sweet barbeque sauce

- 303 VEGETARIAN ROLL ♥ £4.75
Fresh asparagus, avocado, sliced cucumber, sweet omelette, tofu and pickled radish

- 304 PHOENIX ROLL £6.75
Sliced salmon, tuna, seabass, cucumber and flying fish roe fried in tempura batter

- 305 NEW YORK ROLL £6.25
Smoked salmon and chopped cucumber with cream cheese

- 307 SPICY VEGETABLE ROLL ♥ £5.75
Spicy Asian vegetables (kimchee), with red chilli for additional spice

Gunkan

Two battleship-shaped rolls of rice wrapped in seaweed with topping



- 151 SPICY TUNA £4.25
- 152 SALMON ROE £3.75
- 153 FLYING FISH ROE £3.75

Hosomaki

Six small seaweed rolls of rice with a fish or vegetable filling



- 201 SALMON £3.25

- 202 TUNA £4.25

- 203 PRAWN & AVOCADO £4.25

- 204 CUCUMBER ♥ £2.25

- 205 PICKLED ASIAN RADISH ♥ £2.25

- 206 ASPARAGUS ♥ £2.75

- 207 AVOCADO ♥ £2.25

- 208 EGG OMELETTE ♥ £2.25

- 209 CRAB MEAT £3.75

Donburi

A large bowl of rice and toppings served with a complimentary side salad



- 551 CHICKEN TERIYAKI £7.75
Grilled boneless chicken served on rice with teriyaki sauce

- 552 SALMON TERIYAKI £8.25
Grilled salmon steak served on rice with teriyaki sauce

- 553 CHICKEN KATSU CURRY £7.75
Breaded deep-fried chicken served on rice with Japanese curry sauce

- 554 BARBEQUED EEL £9.75
Barbequed freshwater eel served on rice with eel barbeque sauce

- 557 TOFU & VEGETABLES ♥ £6.25
Tofu and seasonal vegetable stir-fry with teriyaki sauce, served on rice

- 559 GRILLED BEEF £12.75
Prime cuts of beef marinated in a sweet & spicy chilli sauce, served on rice

- 560 PRAWN & CRAB £9.25
Pan-fried tiger prawn, crabmeat and vegetables, served on rice with melove's own garlic sauce

Noodles

Choose either yaki soba (thin) or yaki udon (thick) noodles



- 601 PRAWN £6.75 £7.25
Pan-fried noodles with seasonal vegetables and tiger prawns in a mildly spiced sauce

- 602 CHICKEN £5.50 £6.00
Pan-fried noodles with seasonal vegetables and chicken in a mildly spiced sauce

- 603 DUCK £7.25 £7.75
Pan-fried noodles with seasonal vegetables and shredded duck in a mildly spiced sauce

- 604 VEGETABLE ♥ £5.25 £5.75
Pan-fried noodles with seasonal vegetables in a mildly spiced sauce

- 605 BEEF £8.25 £8.75
Pan-fried noodles with beef and seasonal vegetables in a mildly spiced sauce

- 606 SALMON £6.75 £7.25
Pan-fried noodles with seasonal vegetables in a mildly spiced sauce topped with marinated salmon

Kushiyaki

Two skewers of grilled meat, seafood or vegetables



- 661 CHICKEN & PINEAPPLE £3.75
served with teriyaki sauce

- 662 PRAWN £4.75
served with teriyaki sauce

- 665 BEEF £6.25
served with teriyaki sauce

- 666 ASPARAGUS ♥ £5.25
served with a balsamic glaze

- 667 SHIITAKE MUSHROOM ♥ £4.25
served with a balsamic glaze

- 669 SCALLOP & SHIITAKE MUSHROOM £7.75
served with a balsamic glaze

Tempura

Seafood or vegetables deep-fried in batter



- 501 KING PRAWN (4 pieces) £8.25

- 502 VEGETABLE ♥ (6 pieces) £6.25

Extras

Variety of tasty accompaniments



- 704 JAPANESE RICE ♥ £2.25
Steamed rice sprinkled with sesame seeds

- 705 PICKLES ♥ £2.75
Asian cucumber pickles, eggplant, cucumber and mountain vegetables

- 709 SAUCES & CONDIMENTS ♥ £0.50
Extra servings of any of our sauces, wasabi or ginger

Desserts

Our range of bespoke desserts made exclusively for us



- 853 CHOCOLATE TRUFFE £4.50
A dark chocolate mousse topped with white chocolate shavings

- 885 STRAWBERRY CHEESECAKE £4.50
An individual cheesecake with pieces of strawberry set on a crumb biscuit base

Ice cream ♥

- 861 GINGER & HONEY £3.00
- 862 BELGIAN CHOCOLATE £3.00
- 863 COCONUT £3.00
- 864 GREEN TEA £3.00

Sorbets ♥

- 871 PASSIONFRUIT £3.00
- 872 RASPBERRY £3.00
- 873 LEMONGRASS £3.00
- 874 ALPHONSO MANGO £3.00

Order by phone or online



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